

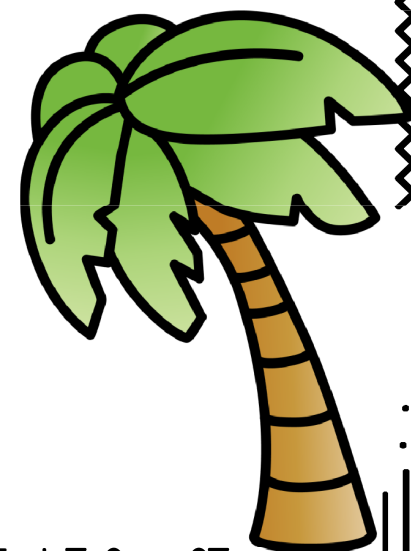


S U M M E R

CHECKLIST



Put a check mark beside all the fun things you do in the summer!



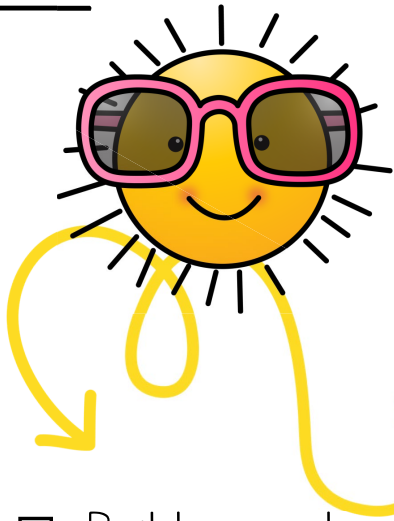
Border from the Pond <https://www.teacherspayteachers.com/Store/Graphics-From-The-Pond>

Graphics by Whimsy Clips <https://www.teacherspayteachers.com/Store/Whimsy-Clips>

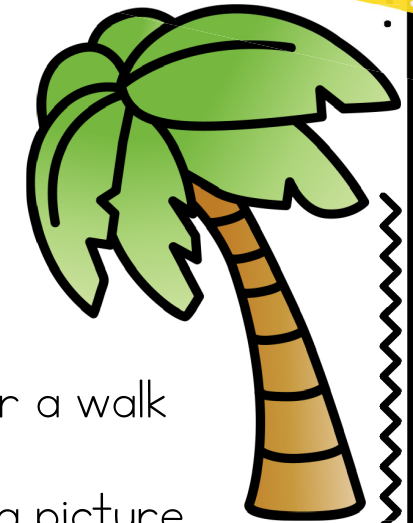
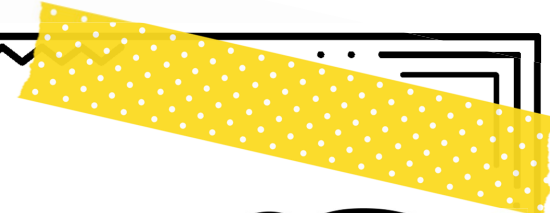
Graphics by Teaching Super Power <https://www.teacherspayteachers.com/Store/Teaching-Super-Power>

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SUMMER CHECKLIST



Put a check mark beside all the fun things you do in the summer!

- Build a sand castle
- Fly a kite
- Go for a walk
- Play at the park
- Have a picnic
- Paint a picture
- Go for a bike ride
- Play with bubbles
- Read a book
- Color a picture
- Kick and throw a ball
- Watch a movie
- Clean up toys/room
- Cut with scissors
- Throw water balloons
- Write some sentences
- Play a board game
- Run through sprinkler
- Jump rope
- Spend time with family
- Color sidewalk chalk
- Go swimming
- Go to the beach
- Play in the sand



MEAL TIME

SORT

SNACK MATS



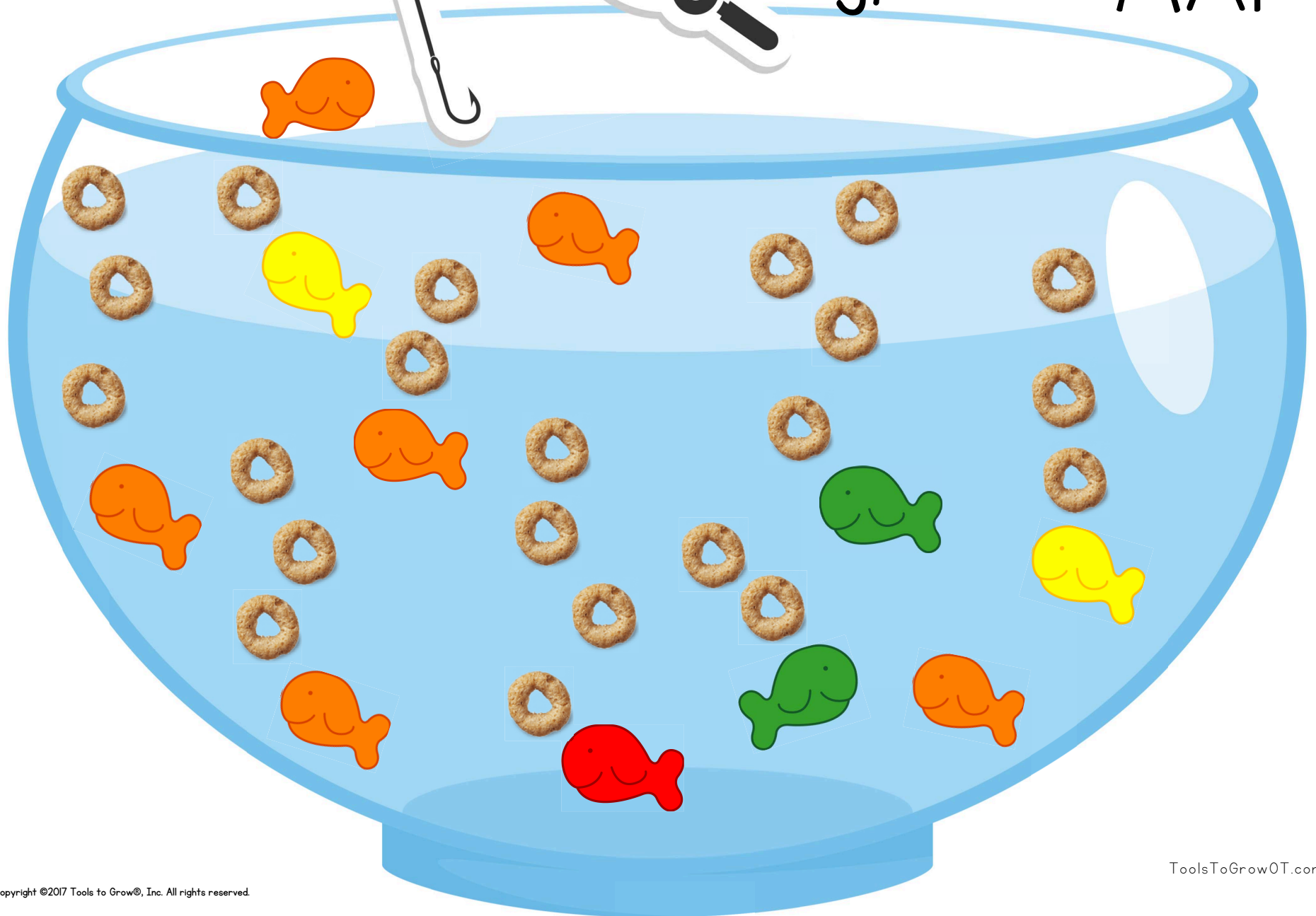
ADDRESSES:

- Color Recognition & Sorting
- Number Concepts
- Fine Motor Skills
- Visual Discrimination Skills (Same/Different)
- Eye-hand coordination
- Hand separation
- Hand arch development
- Controlled finger movements
- Self-feeding
- Oral Motor Skills

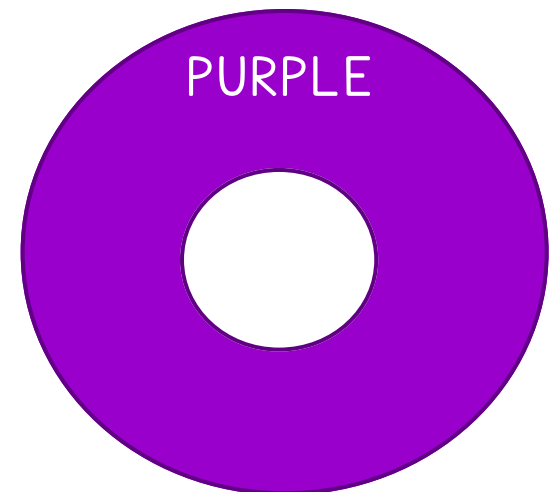
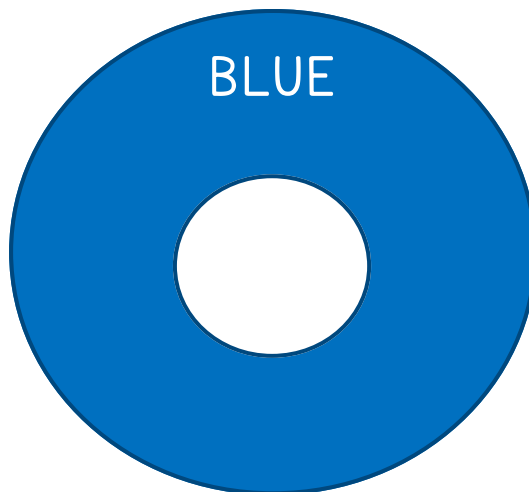
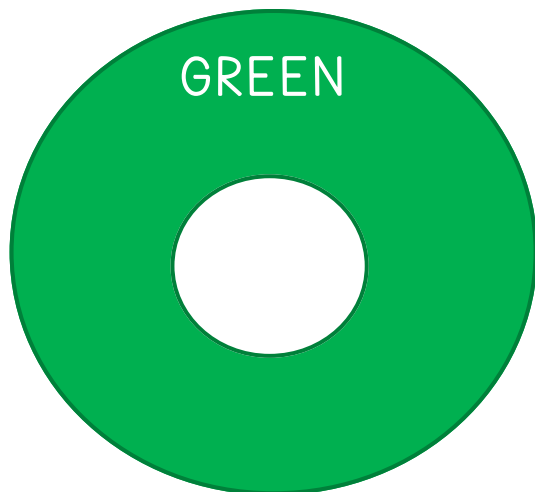
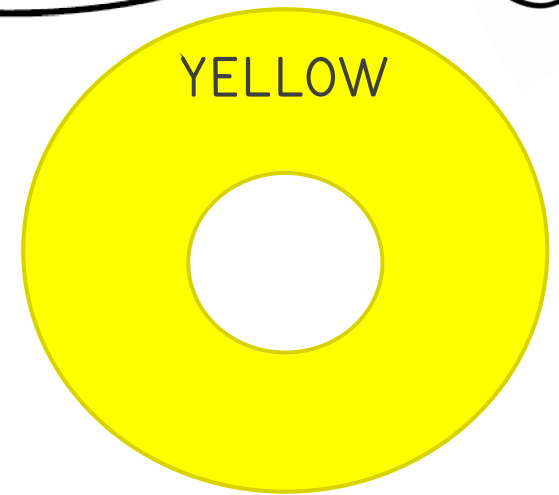
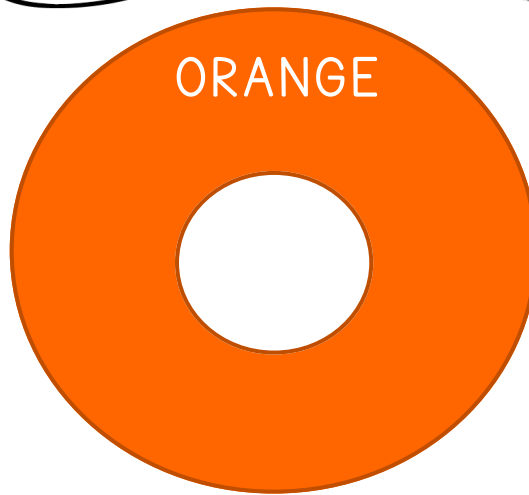
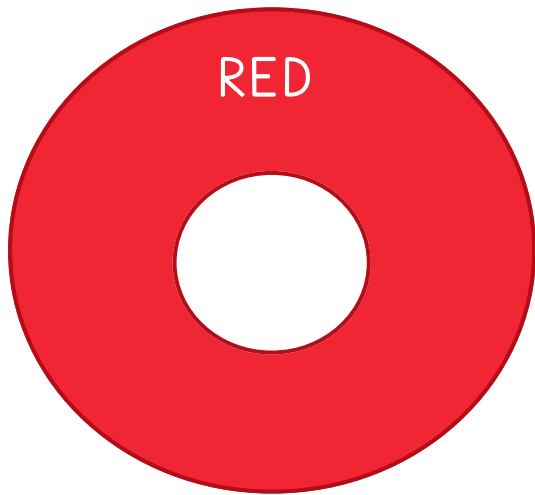
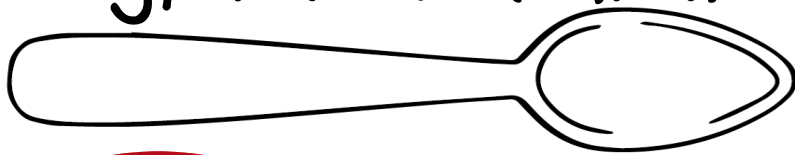
INSTRUCTIONS:

1. Print Snack Mats and Laminate for durability.
2. Using cereal and/or fish cracker treats, child places the desired snack on the mat as indicated.

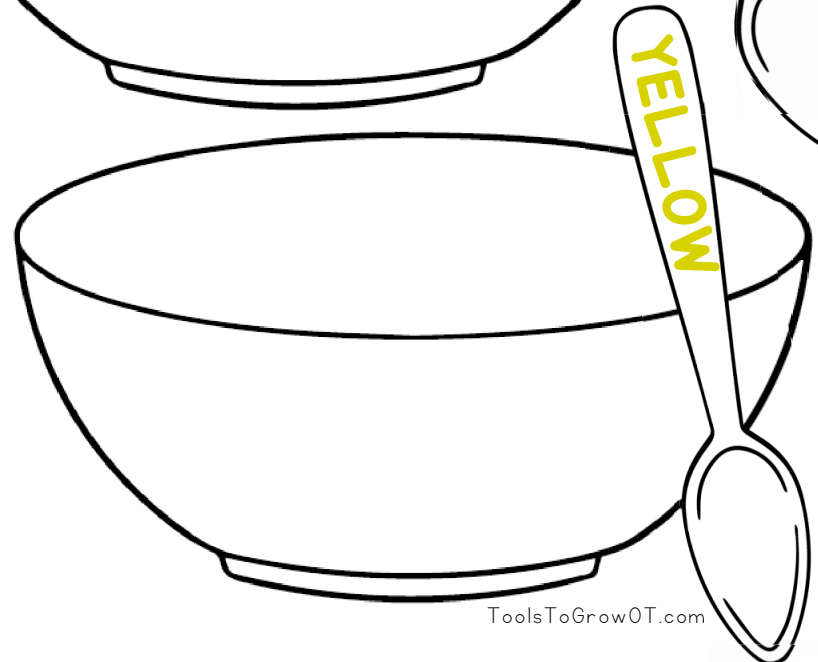
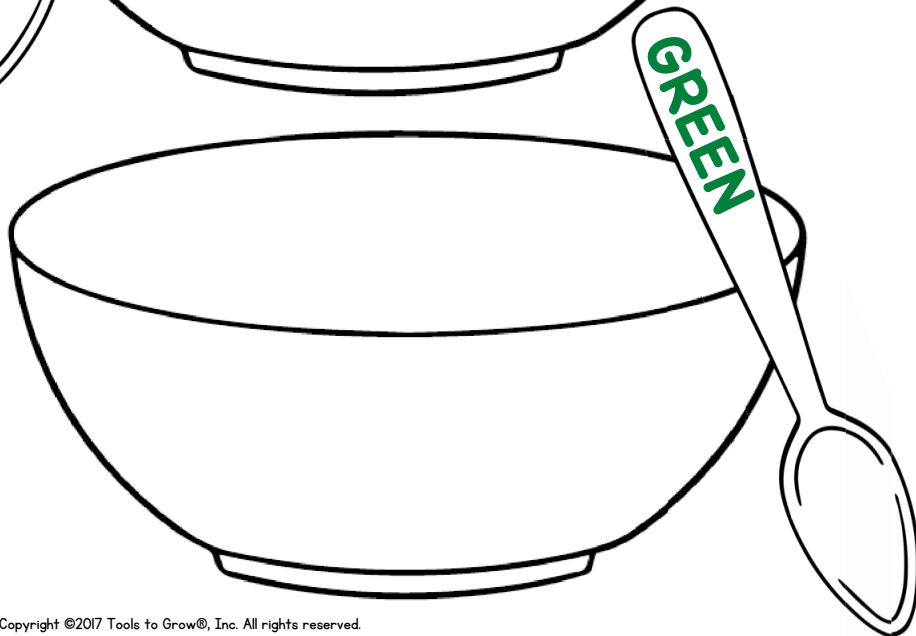
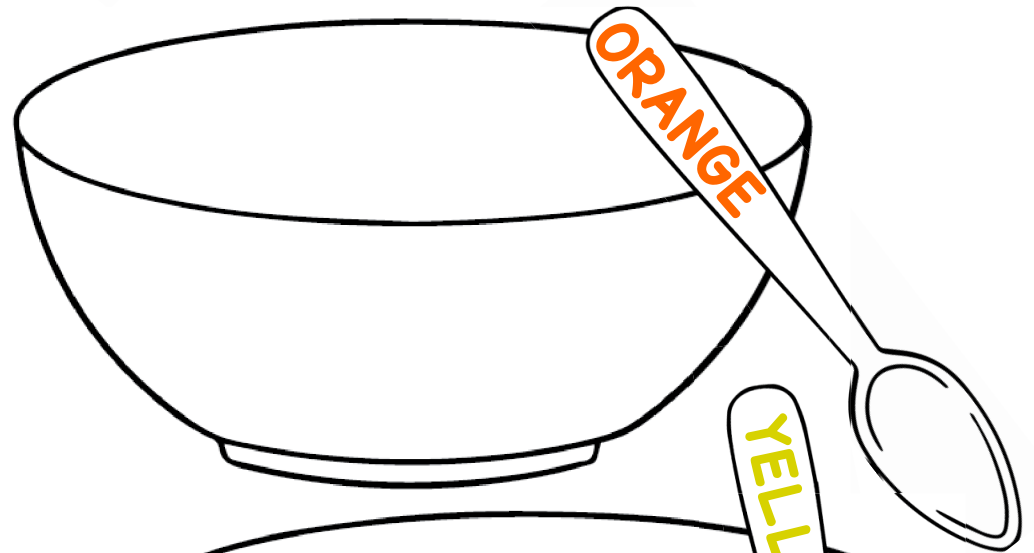
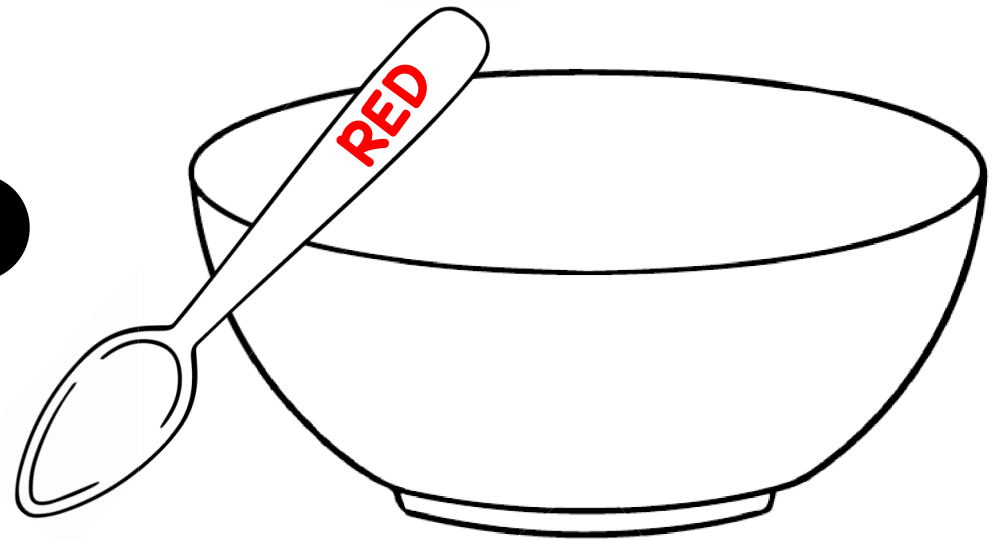
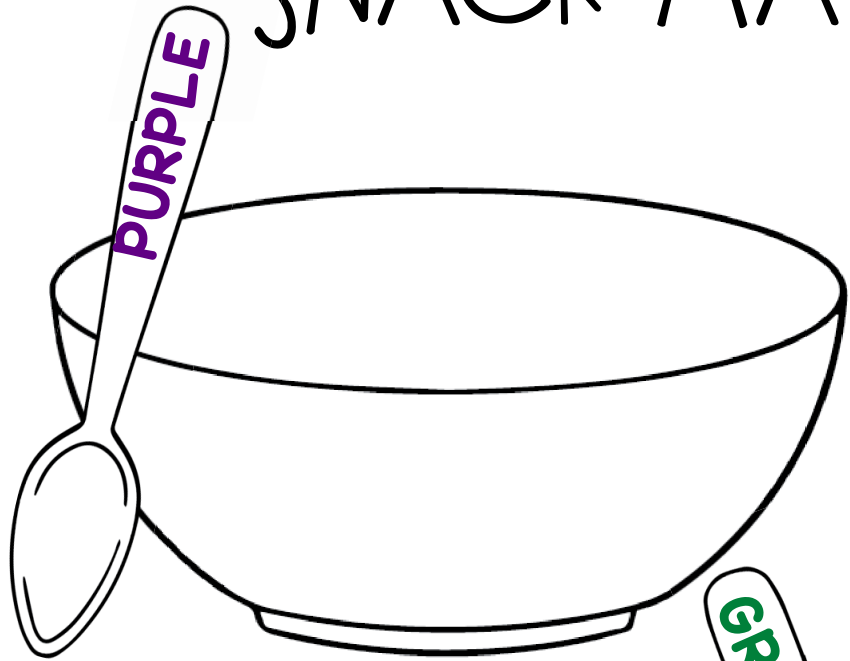
MEAL TIME **SORT** SNACK MAT

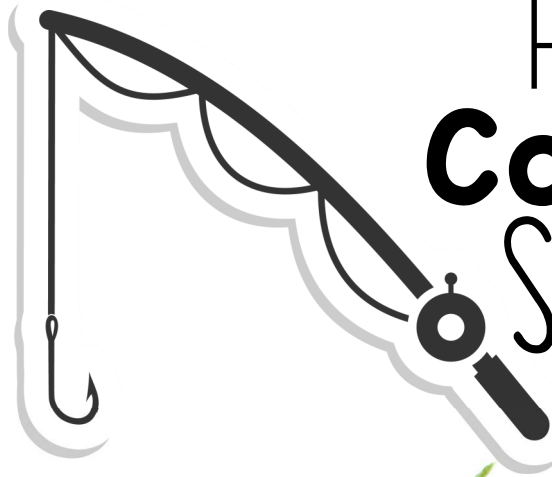
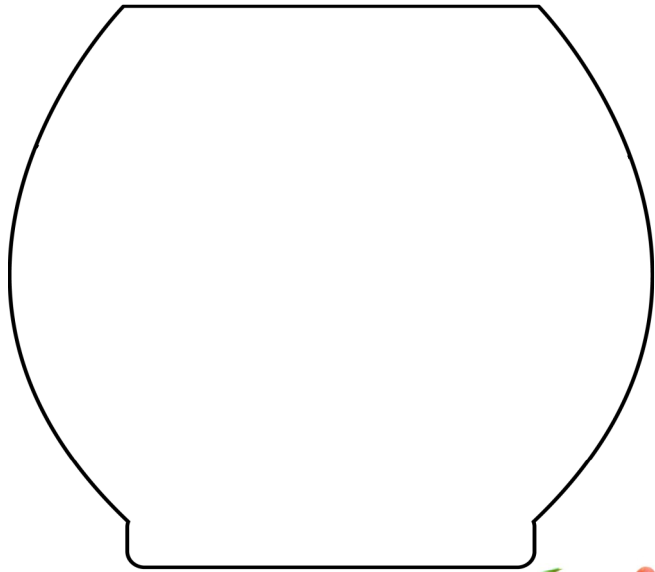


FRUIT CEREAL Color SORT SNACK MAT



FRUIT CEREAL Color SORT SNACK MAT



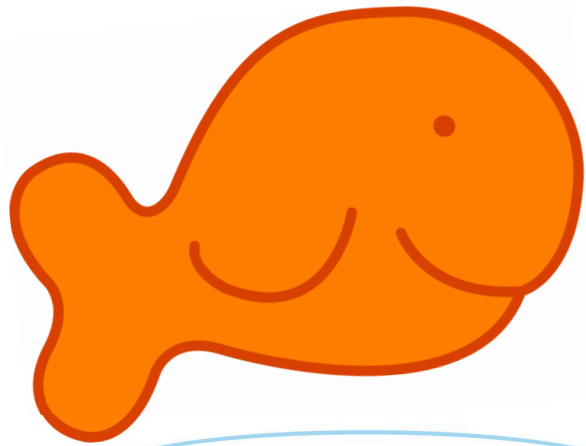


FISH CRACKERS

Color SORT

SNACK MAT

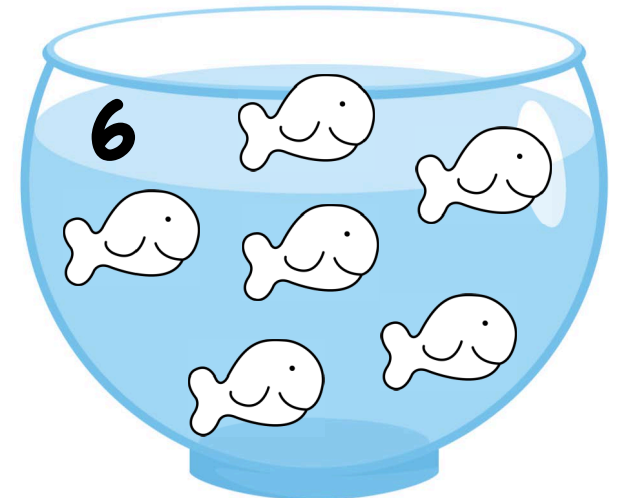
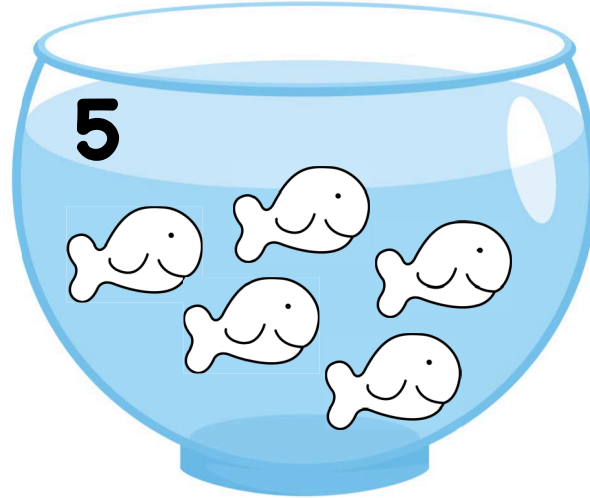
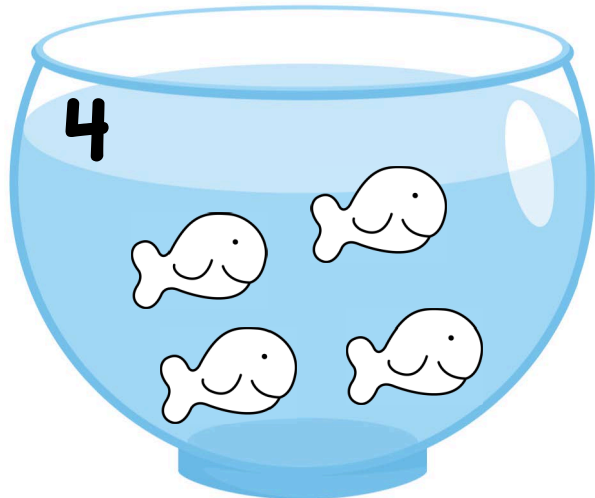
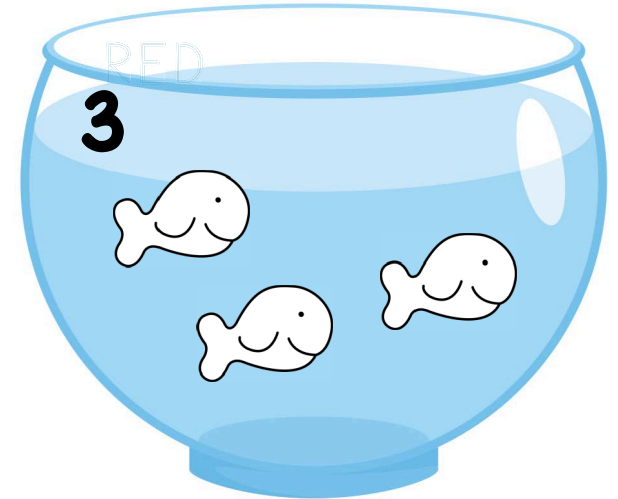
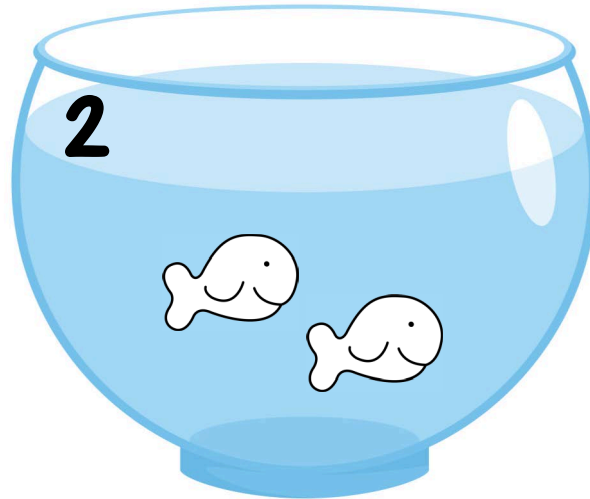
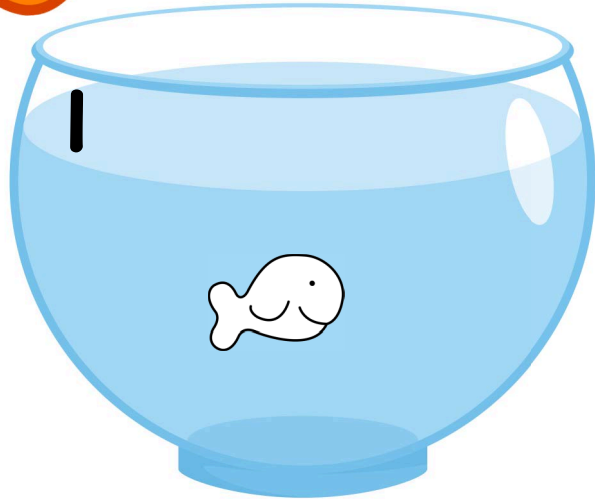
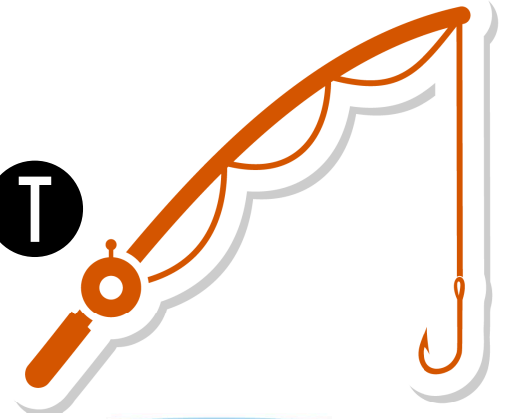




FISH CRACKERS

Number SORT

SNACK MAT

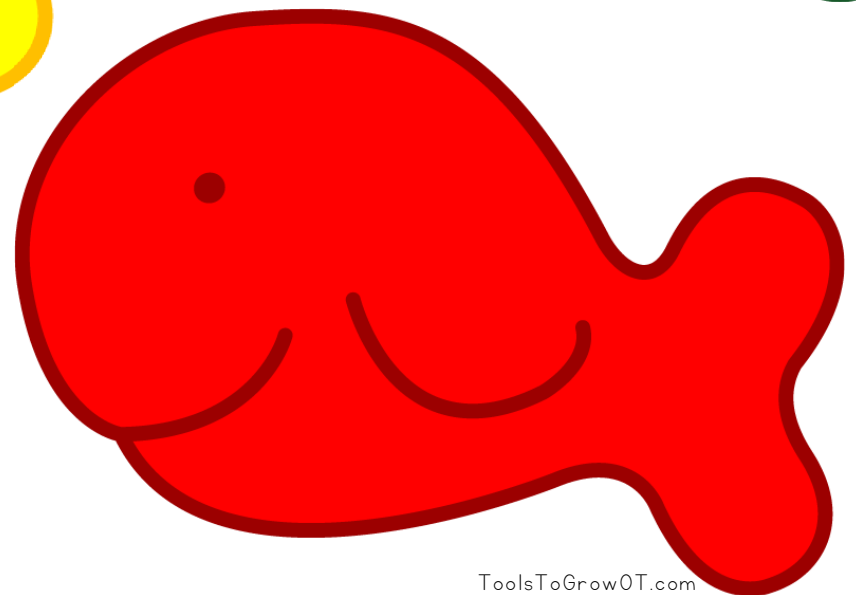
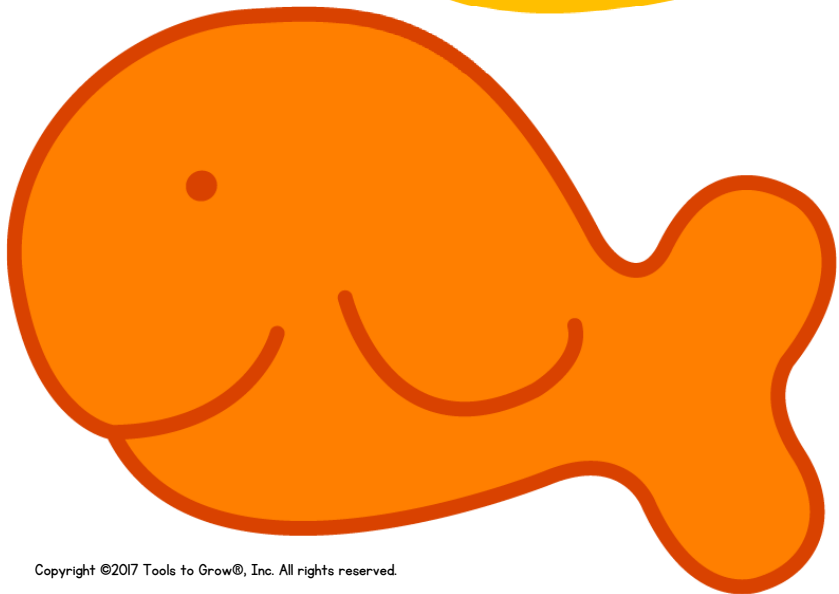
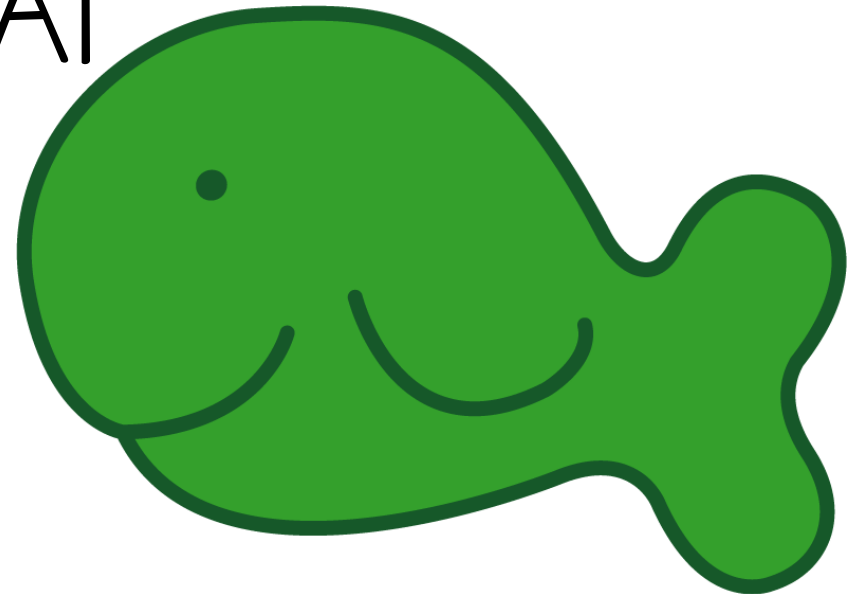
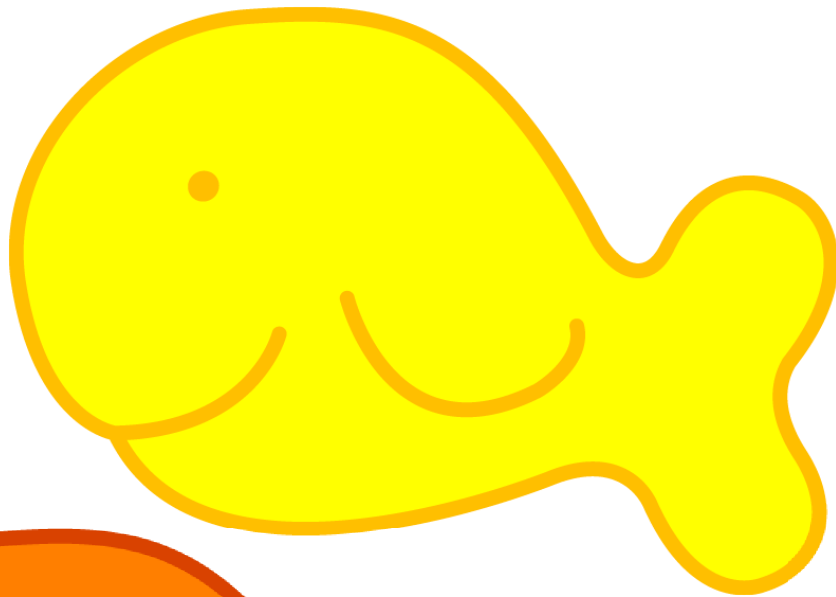




FISH CRACKERS

Color SORT

SNACK MAT



COLOR VERSION

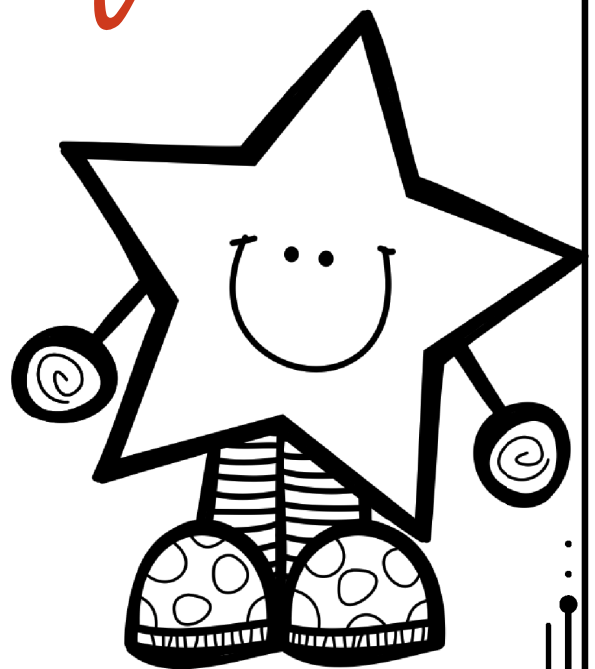


BE A
SENSORY
STAR

at home



PICTURE
CARDS





BE A SENSORY STAR *at home*

PURPOSE:

- These picture cards visually depict a sensory strategy that can be easily copied by a child in the home/community setting.

MATERIALS NEEDED:

1. Small stress ball
2. Picture cards

HOME/COMMUNITY USE:

1. Explain education handout with caregiver/parent.
2. Teach/Review each sensory star strategy.
3. Based upon the needs of the child, select and customize the most appropriate strategy card(s).
4. Each card can be placed on the table, on a ring, or flip chart to allow for a visual of strategies.
5. These picture cards can conveniently be utilized in a variety of home and community settings.
6. It is easy to integrate these sensory strategies into busy schedules, especially if a child is having a particularly hard time during a part of the day, such as morning or bedtime.



BE A SENSORY STAR

at home
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Dear Parents and Caregivers,

Did you know that there is a process that occurs within everyone's brain and body that organizes the sensory input that he or she receives from their eyes (vision/sight), ears (auditory/hearing), skin (tactile/touch), nose (olfactory/smell), mouth (gustatory/taste), muscles and body joints (proprioception/body position), and inner ear (vestibular/position of head/balance)? This process is known as sensory processing. It makes it possible for your child to use the input he or she is receiving from his or her body and the environment in a functional manner. Multi-sensory integration is necessary for almost every activity that we perform because the combination of multiple sensory input is essential for comprehending our surroundings.

A child with well developed sensory processing skills has many advantages. He or she may have the ideal foundation for completing daily living tasks, succeeding at school, playing or using leisure time well, and maintaining friendships.

Children with challenges in sensory processing may display poor modulation. He or she may over react to sensory input and appear defensive. On the other hand, he or she may under react to sensory input and appear sensory seeking. Finally, he or she may fluctuate between these. Such disturbances can have a negative impact on the child's life.

A preschooler with impairments in sensory processing may have difficulty with daily routines such as riding in the car, sitting at "circle time", using the climbing toys at the park, and eating meals with the family. A school age child with sensory processing impairments may have difficulty with getting dressed and bathed, riding the school bus, sitting still at their school desk, eating meals in the school cafeteria, and making friends.

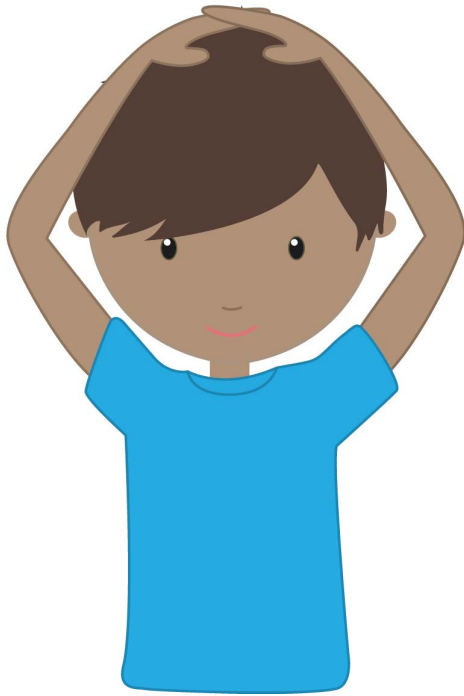
One tool to help children with sensory processing challenges is to use picture cards that remind the child to use a simple strategy that promotes self regulation.

Your child's Occupational Therapist has determined your child may benefit from the use of the "Be a Sensory Star" picture cards at home. Use these picture cards as part of your child's sensory diet to promote improvements in self regulation and daily functioning.

The "Be a Sensory Star" picture cards have illustrations that were designed to be easily copied by your child. The illustrations were developed to provide a visual cue to remind your child to consider using the pictured strategy to regain self control.

Your child's therapist may have included special instructions customized just for your situation:

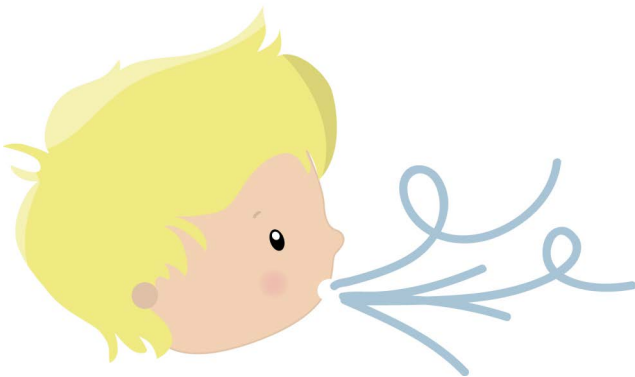
special instructions:



Push hands on head.
Repeat ____ times.



Cross arms and give
yourself a hug.
Repeat ____ times.



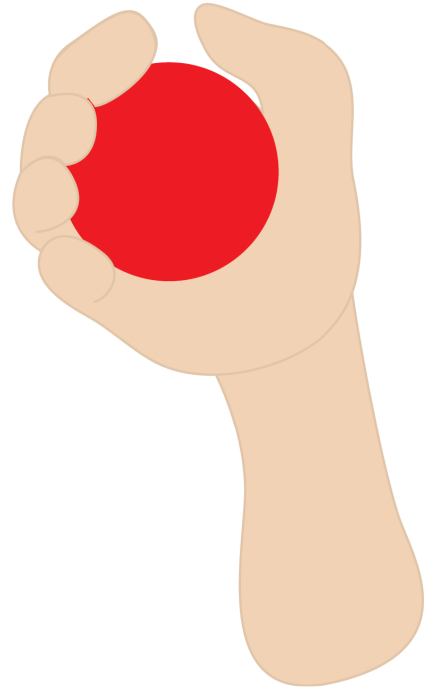
Breath in through nose
and out through mouth.
Repeat ____ times.



Stretch arms up and down.
Repeat ____ times.



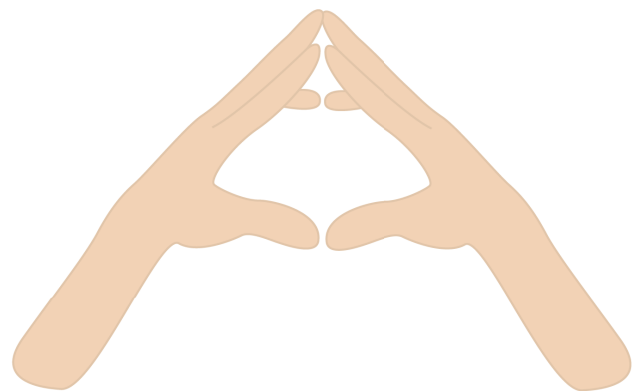
Place finger under
nose and press.
Repeat ____ times.



Squeeze a small ball.
Repeat ____ times.



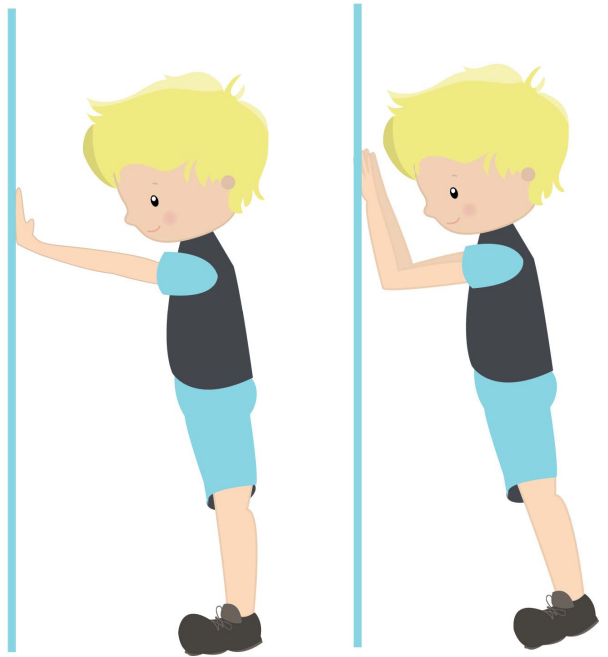
Place hands on lap and
gently push down.
Repeat ____ times.



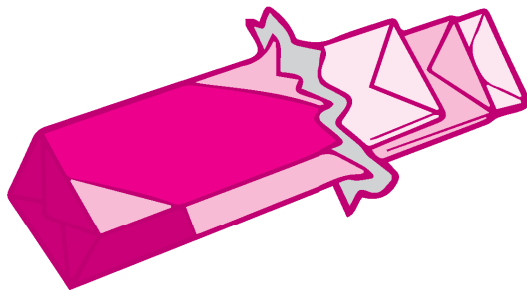
Push fingertips together.
Repeat ____ times.



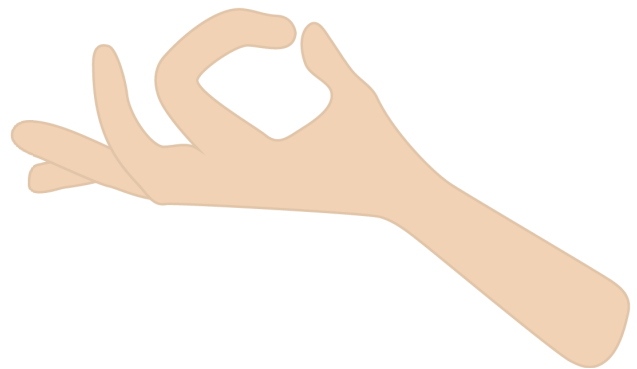
Do chair push ups.
Repeat ____ times.



Do wall push ups.
Repeat ____ times.



Chew Gum.

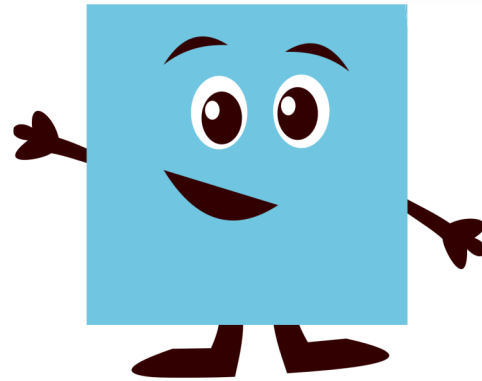
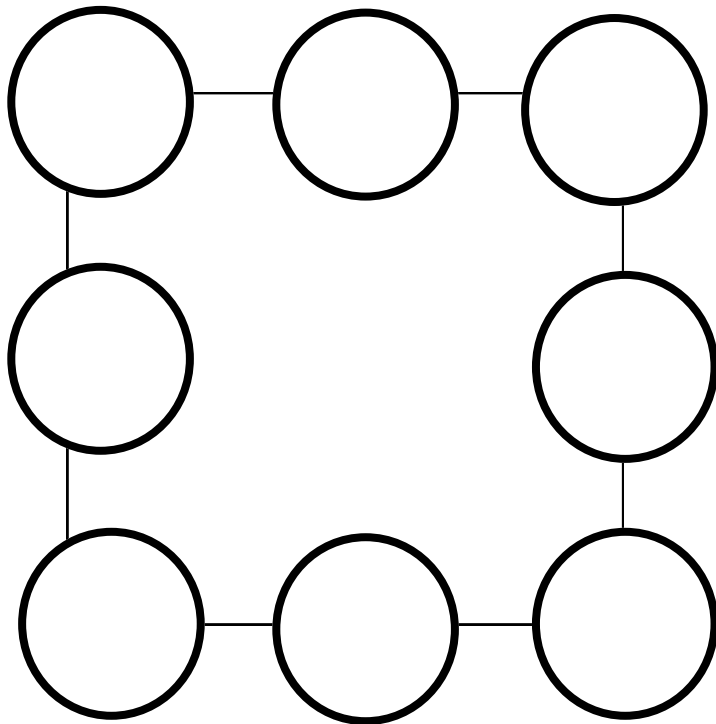
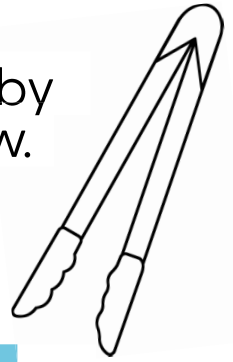


Touch each finger
to your thumb.
Repeat ____ times
with each hand.

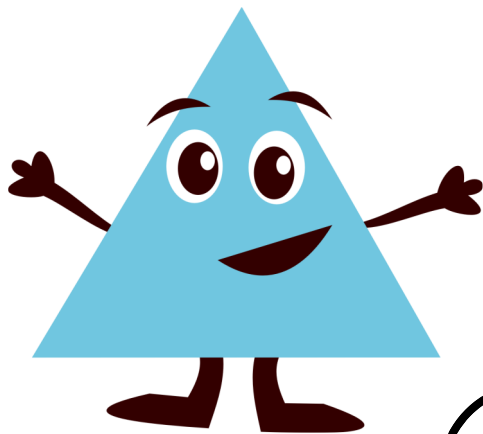
TWEEZERS & TONGS POM-POM SHAPES I

FINE MOTOR FUN

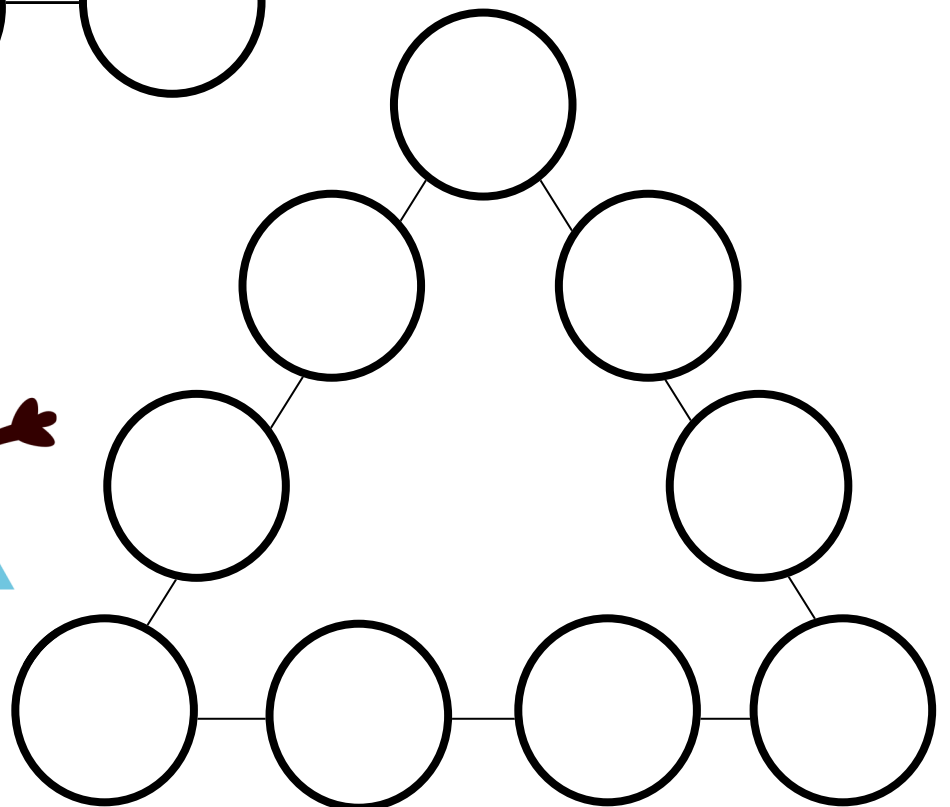
Use tongs or tweezers to make shapes by placing pom-pom's in the circles below.



SQUARE



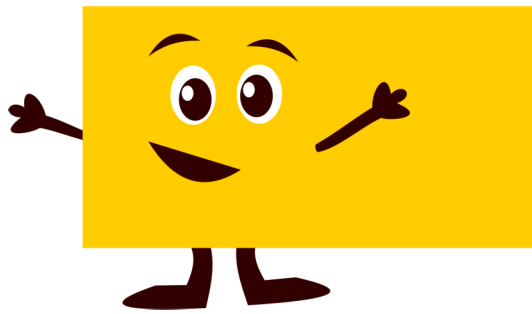
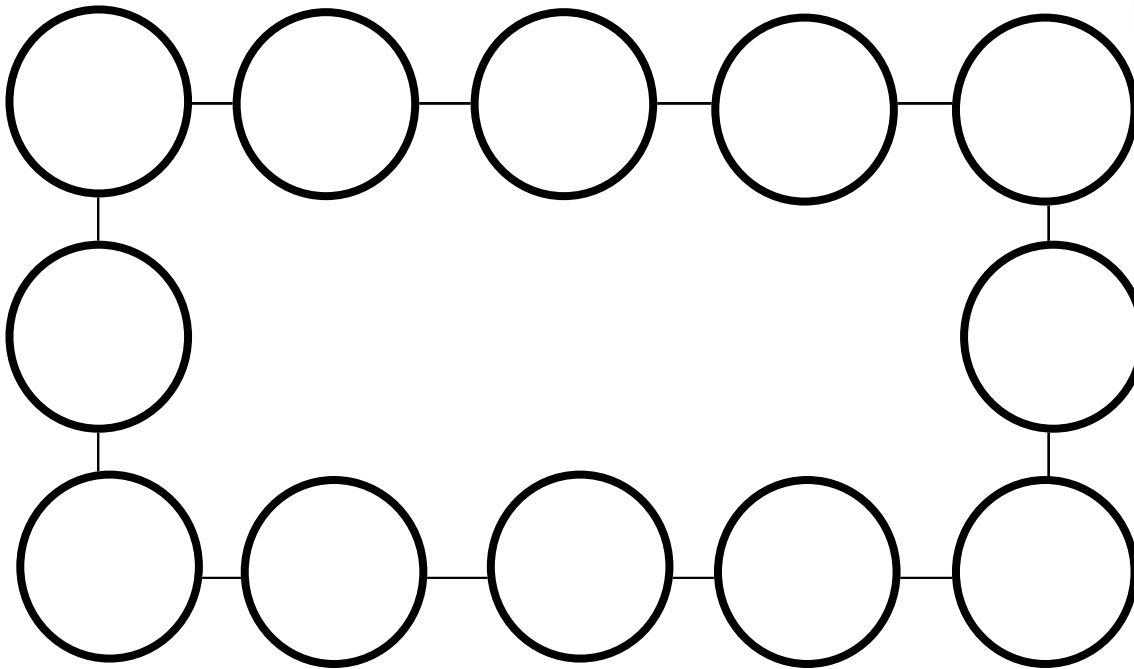
TRIANGLE



TWEEZERS & TONGS POM-POM SHAPES 2

FINE MOTOR FUN

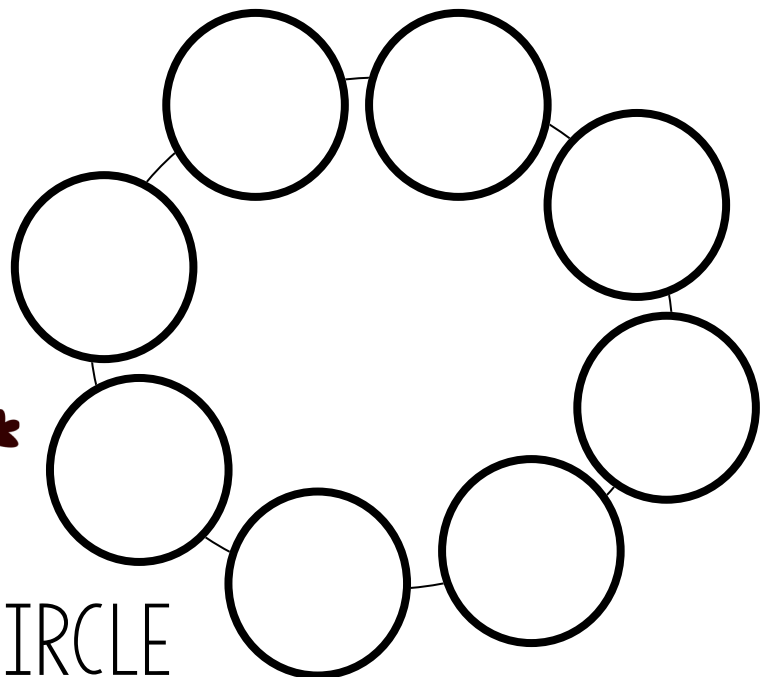
Use tongs or tweezers to make shapes by placing pom-pom's in the circles below.



RECTANGLE



CIRCLE





GOLDFISH MATCHING Using Tongs!

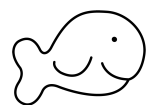


INSTRUCTIONS:

- Print out worksheets on heavy paper, or laminate.
- Using Goldfish crackers, place the corresponding number of fish in each fish bowl.
- Can use colored gold fish to match colors in each fishbowl.
- Students can use their fingers (thumb and index) or use tweezers/tongs.

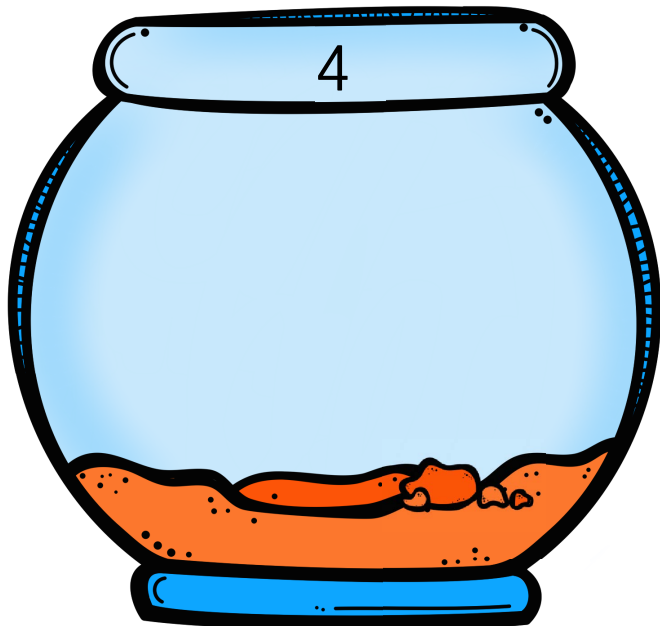
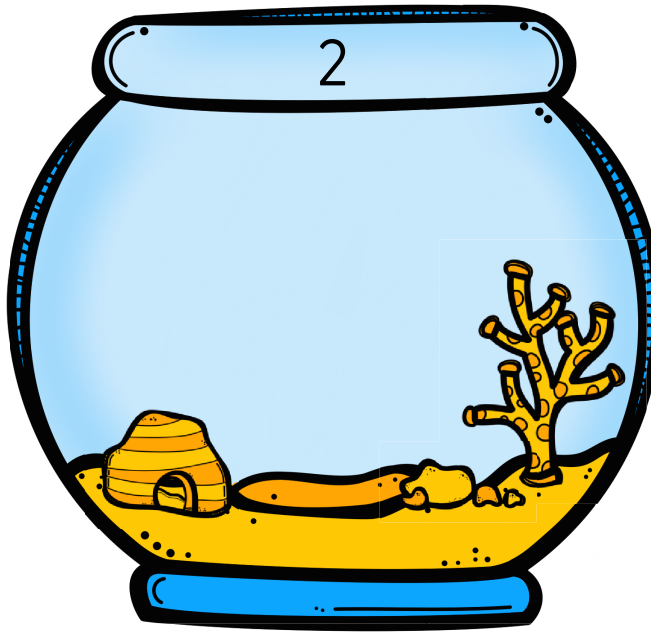


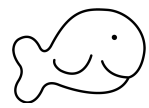
»» FINE MOTOR FUN



GOLDFISH MATCHING

Using Goldfish crackers place the corresponding color and number of fish in each fish bowl below.

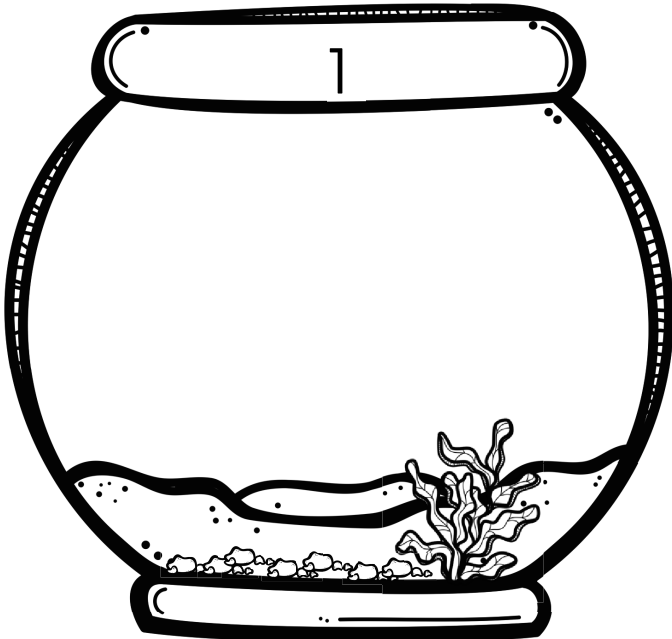




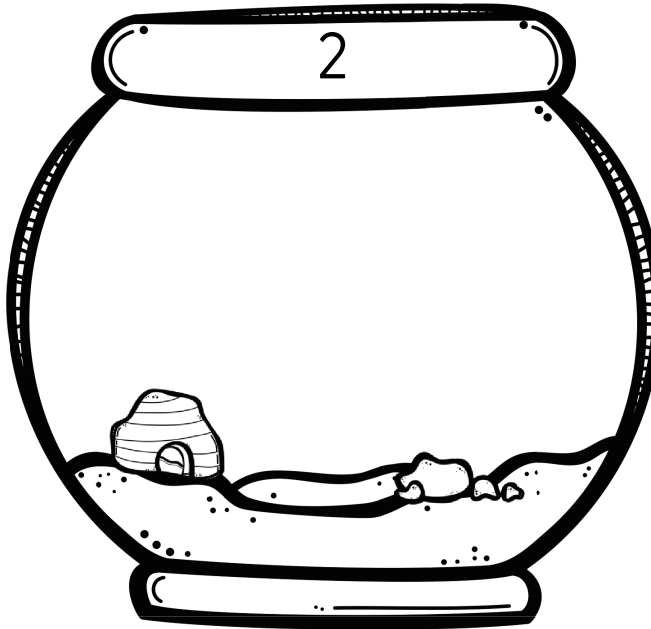
GOLDFISH MATCHING

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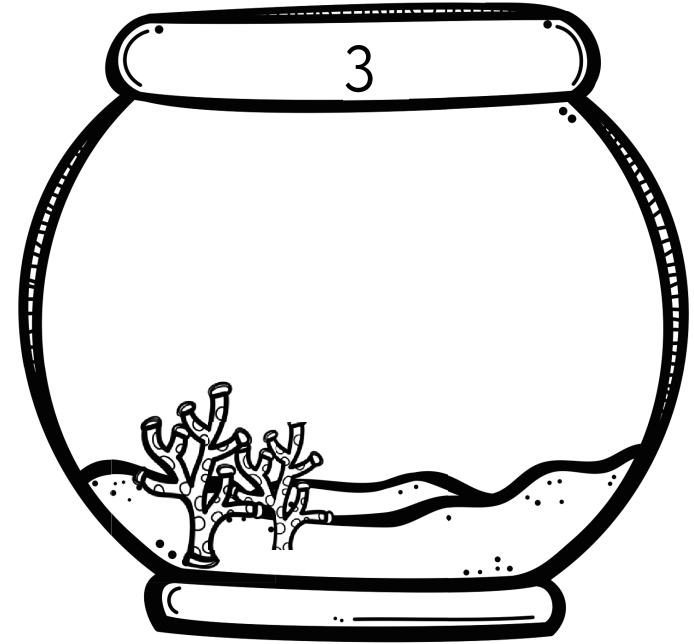
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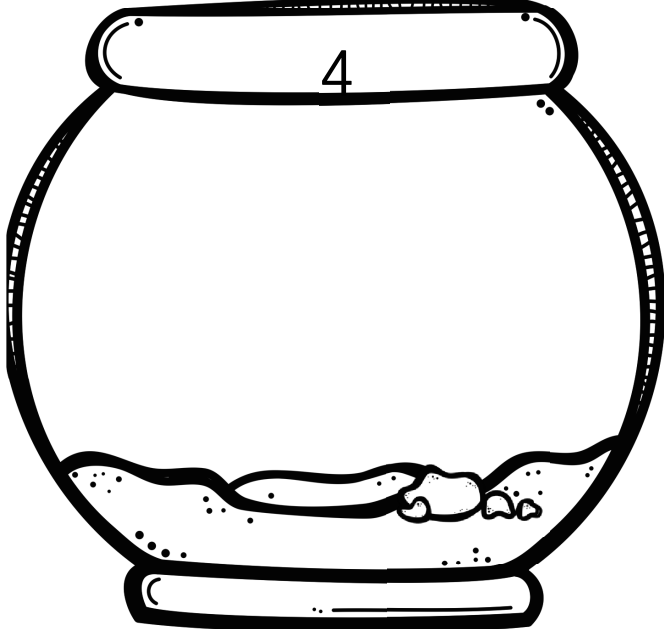
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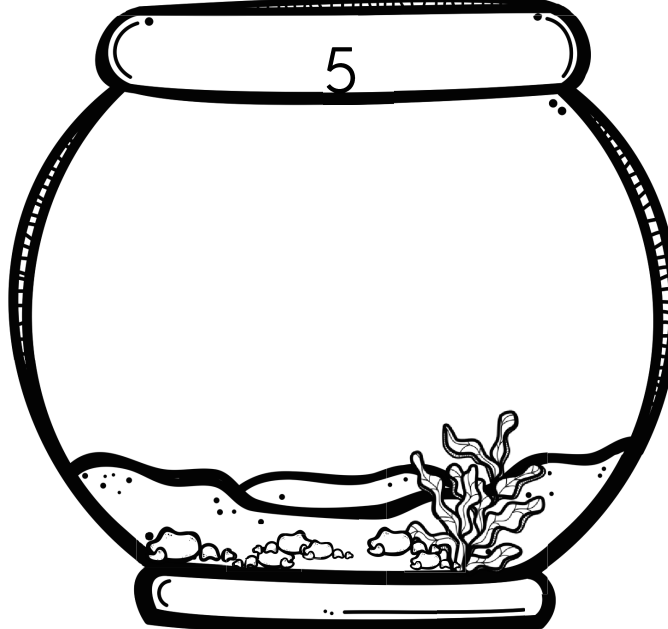
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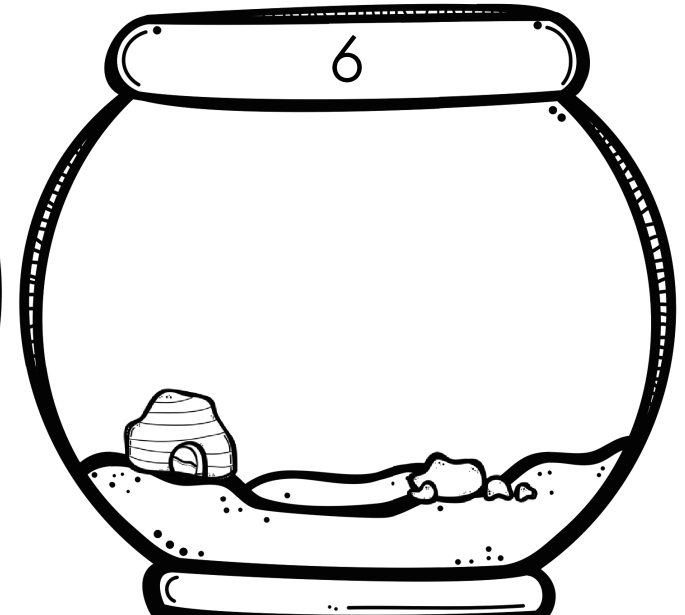
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5



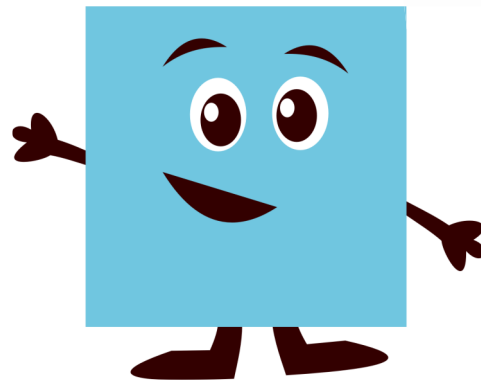
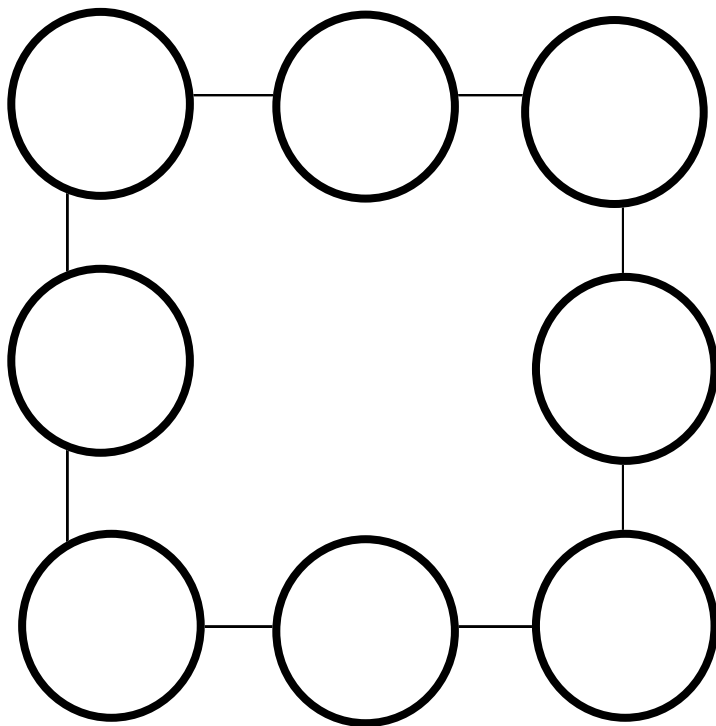
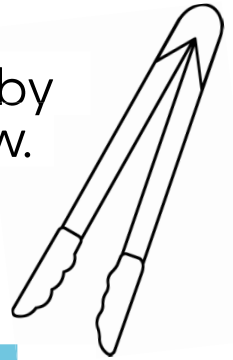
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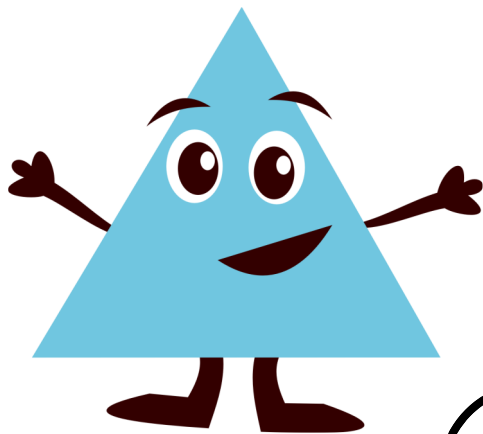
TWEEZERS & TONGS POM-POM SHAPES I

FINE MOTOR FUN

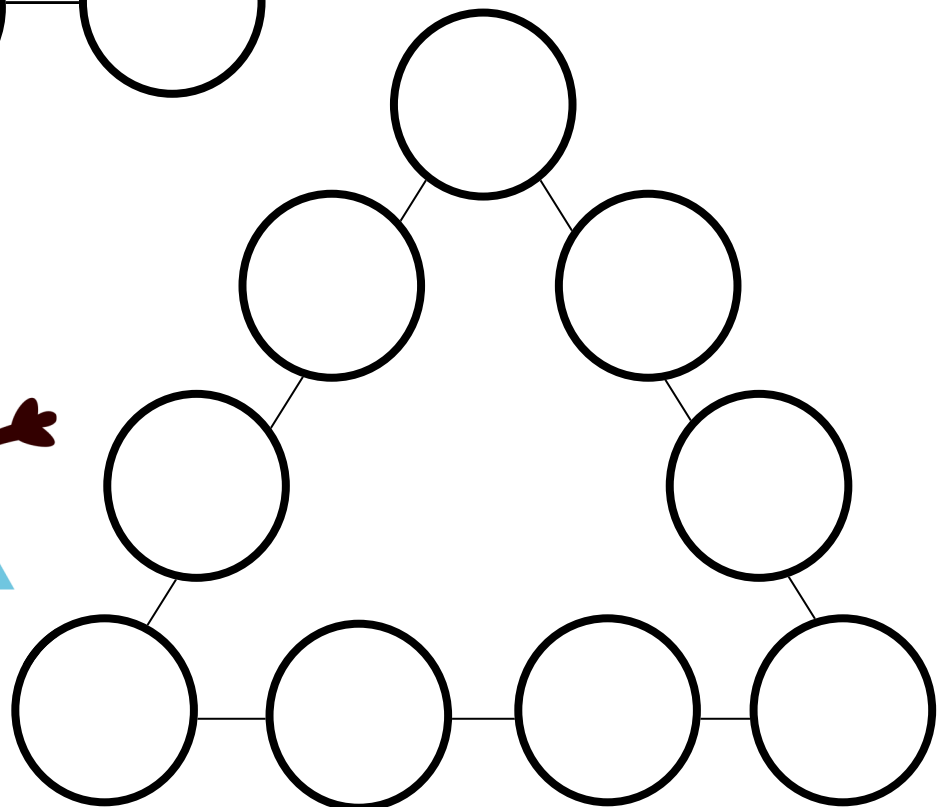
Use tongs or tweezers to make shapes by placing pom-pom's in the circles below.



SQUARE



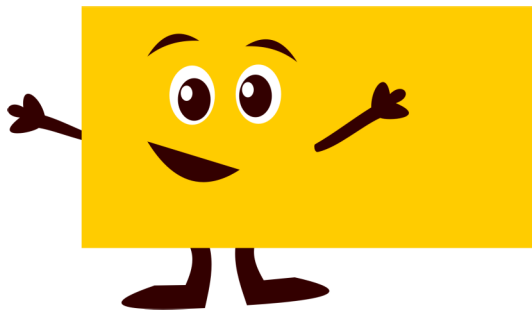
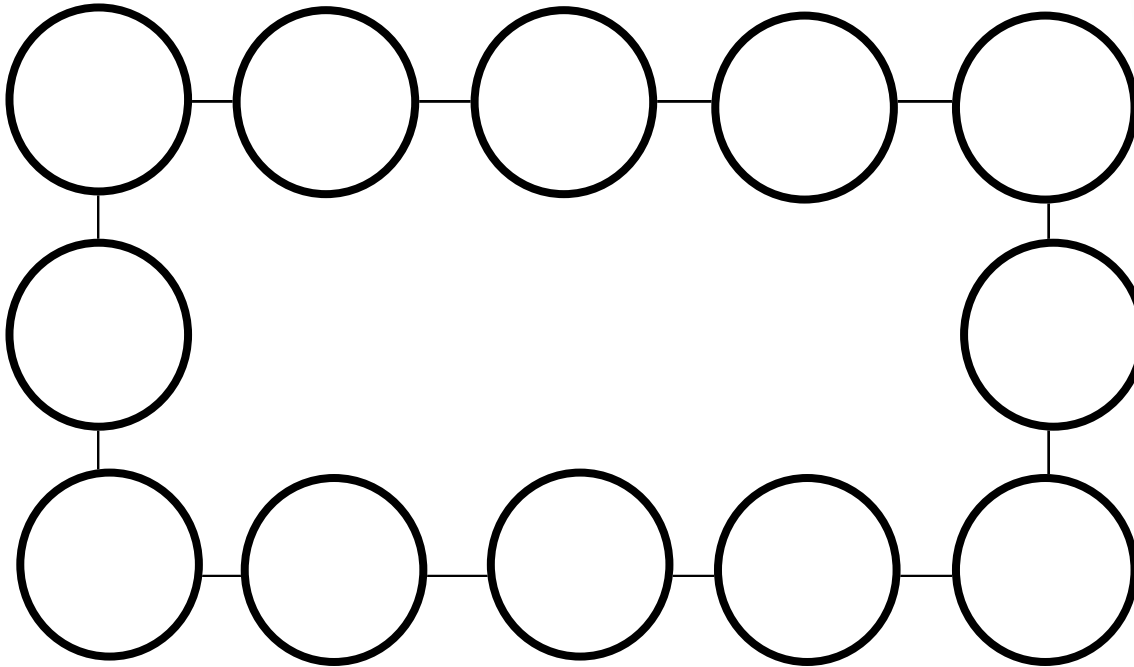
TRIANGLE



TWEEZERS & TONGS POM-POM SHAPES 2

FINE MOTOR FUN

Use tongs or tweezers to make shapes by placing pom-pom's in the circles below.



RECTANGLE



CIRCLE

